Advocate Aurora EAP: Your well-being partner in today’s world

It’s a challenging time to be a leader or HR professional. Effective leaders need all the help they can get. Advocate Aurora EAP is proud to partner with you. Our mutual goal is to keep employees healthy, control their healthcare costs and increase workplace productivity. Our confidential services are proven to help employees and their families successfully meet their home and workplace challenges in a rapidly changing world.

Keeping your workforce at peak performance is more important than ever before. Has your workplace changed because of COVID-19? Are you now managing employees working remotely? What challenges are you facing?

Advocate Aurora EAP offers a wide range of customized solutions, such as:
- Employee assistance for drug and alcohol problems
- Wellness programs
- Leadership coaching and skill-based training
- Organizational development and much more

Management Consultation and Employer Services
We offer 24/7 availability for management consultation and organizational support. Your EAP account executive is a valuable resource who is available to consult on:
- Sensitive workplace issues
- Training
- Staff development
- Drug and alcohol consultations, including DOT services
- Supervisory referrals
- Health fair and wellness committee participation

Educational Programs and Management Training
Advocate Aurora EAP provides a range of educational programs to support your organization’s needs. We’ll provide onsite training sessions, or host them in centralized locations or through webinars. Our experienced trainers are skilled in program content and delivery. Timely workplace topics include:
- EAP supervisory training
- Conflict management
- Dealing with loss at work (tips for managers)
- Emotional intelligence
- Building a culture of inclusion
- Harassment awareness
- Managing for health and productivity
- Workplace violence
- Depression awareness
- Managing change
- DOT/AODA training for supervisors
- Building resilience
- Interpersonal communication styles
- Substance abuse awareness
- Effective communication with challenging employees

Your organization’s success depends on a healthy, productive workforce. Advocate Aurora EAP is here to help.

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For more information, please call Advocate Aurora EAP at 800-236-3231
Advocate Aurora Health EAP and Work/Life Services

Clinical Services
- Live 24/7 toll-free access
- Individual crisis intervention (24/7 access)
- Telephonic, virtual &/or in-person EAP sessions
- Interpreter and TDD services
- Master’s-level licensed clinicians
- National network of credentialed providers
- Follow-up offered on all cases
  - Behavior change coaching modules for individual and performance-related issues, including:
    - Anger Management
    - Coping with Stress, Anxiety & Change
    - Rethinking Drinking
    - Communication/Conflict Resolution
    - Rethinking Marijuana
  - Referral to community providers and resources

Employee Communication
- EAP brochures
- Electronic flyers
- Full size color posters
- Employee/family e-newsletters
- Supervisory e-newsletters
- Monthly special awareness promotions
- Articles for company newsletters

Training
- On-site and/or virtual employee orientations
- On-site and/or virtual supervisor orientations
- Supervisor training webinars
- DOT training
- Personal enrichment trainings

Consulting Services
- One primary account executive (supported by a team)
- Supervisory consultation, unlimited and 24/7
- Supervisory referral services
- On-site and virtual crisis interventions
- Collaboration on workplace violence policy
- Threat assessment guidance
- Drug policy guidance
- DOT consulting
- Management of positive drug cases
- Organizational consultations
- Return-to-work planning
- Wellness committee participation
- Health fair participation

Work/Life Balance Services
- Financial consultation
- Legal consultation
- Legal mediation information and referral services
- Identity theft guidance
- Adoption information and referral services
- K-12 and higher education information, referral and searches
- Elder-care information and referral services
- Daycare information and referral services

Online Services
- Online access to EAP services
- Topical resource library
- Streaming video/audio resources
- Supervisory tools

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EAP 24/7 Management Consultation Organizational Support Consultation Services

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AdvocateAuroraHealth